

SMAS SHOE REVIEW – Mizuno Wave Inspire 14
Shoe Reviewed by Dr Teh Chin Sim

<p>Mizuno Wave Inspire 14</p>	<p>RRP Price: \$199</p> <p>Weight: 295g (Mens US9), 250g (Womens US7)</p> <p>Features: Heel to toe drop: 12mm Double Fan Shaped Wave CloudWave Technology, U4icX Strobel Lasting, U4ic Midsole.</p>																				
<p>Biomechanical Parameters (from 1 - 10)</p> <table border="0"> <tr> <td>Rearfoot Stability:</td> <td>9.5</td> <td>Forefoot Stability:</td> <td>9</td> </tr> <tr> <td>Rearfoot Cushioning:</td> <td>9.5</td> <td>Forefoot Cushioning:</td> <td>9.5</td> </tr> <tr> <td>Landing:</td> <td>9.5</td> <td>Takeoff:</td> <td>9</td> </tr> <tr> <td>Ride:</td> <td>9.5</td> <td>Traction:</td> <td>9</td> </tr> <tr> <td></td> <td></td> <td>Durability:</td> <td>9</td> </tr> </table> <p>Overall Rating: 9.3 / 10</p>		Rearfoot Stability:	9.5	Forefoot Stability:	9	Rearfoot Cushioning:	9.5	Forefoot Cushioning:	9.5	Landing:	9.5	Takeoff:	9	Ride:	9.5	Traction:	9			Durability:	9
Rearfoot Stability:	9.5	Forefoot Stability:	9																		
Rearfoot Cushioning:	9.5	Forefoot Cushioning:	9.5																		
Landing:	9.5	Takeoff:	9																		
Ride:	9.5	Traction:	9																		
		Durability:	9																		
<p>In Summary: A stability shoe that provides the moderate pronator with a well-cushioned, comfortable, smooth ride through heel strike to propulsion.</p> <p>Recommended for: Moderate pronators looking for a good all-round and training shoe.</p> <p>Not Recommended for: Those who might want a toe box that is very wide, although adjusting the lacing might do the trick for some.</p> <p>Quote: “The Wave Inspire 14 provided me with a fine, stable, comfortable and cushioned ride right from the first wear.”</p>																					
<p>Availability:</p> <p>1. World of Sports Stores. http://worldofsports.com.sg/store-locations/ 2. Mizuno Stores http://worldofsports.com.sg/store-locations/#tab-1-1-mizuno</p>																					